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# **The Most Important in Our Lives**

**Translated from Russian  
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**What — objectively — is the most important thing in the life of every man on the Earth? It is the understanding, from the philosophical standpoint, of the meaning of one's own life and the ways of its realization. Without knowing this fundamental aspect of our existence, one cannot develop a correct worldview, and therefore cannot plan strategically one's own life! Even making the correct choice in every ethically significant situation — it just depends on understanding of the structure of the universe, also of reasons of our existence in it, and of our tasks in it — both in the aspects of our own development, and in relation to our role in the life of the society.**

**If all people possessed this knowledge, their life would be much more harmonious, in the private and in the social aspects. It would reduce significantly the number of selfish and aggressive deeds, cases of drug**

**addiction; the health of people would be much better! And the destinies of whole nations and countries would change significantly: these destinies, too, depend on the attitude of the Creator toward the morality of nations on our planet.**

**One could expect to find clear answers and elucidations on this subject in mass religious movements. But it is not so. And without such basic knowledge, religious views unavoidably become deficient and even wrong!**

**What kind of help can the followers of such religious movements receive from their “pastors”? These people just fall pray to their “teachers”, who are selfish and lying or simply intellectually undeveloped.**

**Everyone can ask themselves now: do I or the leaders of my religious organization possess such knowledge? And some may realize that they belong to a sect, i.e. to a religious association whose views separated and deviated from truth...**

**In such sects, “pastors” give various absurd answers to the question discussed here.**

**For example, in an authoritative voice they can answer evasively that God will judge us according to our deeds: He will send some of us to paradise and others to hell. But let us think: does it make sense to create the entire material world and all people for the sake of such a meaningless goal? Why would He need it?**

**They may also say that we, people, are not expected to know what God alone can know...**

**In literature there is an opinion that the Creator was bored being alone... And thus, out of boredom, He decided to entertain Himself in this way... The author of this idea — in general, a reasonable man — knew nothing of the Creator unfortunately...**

**... Yet there is a true answer to this question. The Creator Himself gave it through His Messenger-Messiahs sent to the Earth.**

**The answer consists in the following. The infinite in space and time Universal Consciousness, which abides in the subtlest stratum (spatial dimension, eon, loka) of the multidimensional universe and is called the Creator, God-the-Father, the Primordial Consciousness, and by other different names in different human languages — this Consciousness constantly develops, that is evolves. And we, souls (individual consciousnesses) incarnated in material bodies, have to be the main elements of this Evolutionary Process. That is, we, according to the commandment of Jesus Christ, have to strive to become perfect as our Heavenly Father is perfect (Matt 5:48). If we fulfill this — with His help and due to our own efforts — then we infuse into Him enriching Him with ourselves. It is thanks to this mergence of individual human consciousnesses, who achieved Perfection, with Him — that His Evolution goes on!**

**This is why He is interested in spiritual growth of every one of us. This is why He treats us as His Children.**

**And the wellbeing of every one of us depends, first of all, on our love for Him. This love has to be manifested both in the emotions of love directed to Him and in our efforts on self-development and service to Him.**

**Thus it should be clear that a real service to God consists not in reading prayers and making certain bodily movements; it consists in helping other incarnated beings in their advancement toward our common Goal. “Help everyone in everything good!” — let this motto become a credo (main principle of life) for every one of us!**

**This subject is described in detail in our books and educational films which are presented on our web sites. The author of this article dedicated many years of his life of a scientist-biologist to studying this problem and extended the biological research to the non-**

**incarnated forms of life. His work together with his colleagues resulted in creation of a comprehensive picture of the structure of the multidimensional Absolute, understanding the essence of God, man, and other beings, also a description of methods of cognition of the Creator; a new branch of modern science was born — methodology of spiritual development. The latter includes general theoretical knowledge, principles of ethical self-correction, a system of psychical self-regulation, and further stages of development of consciousness through meditative training.**

**Today you can use this knowledge — as much as you consider it necessary on the current stage of your life. And help others in this!**